

S.P.J.S.T. Senior Living
Infection Control Basics for the Essential Caregiver Questionnaire

Thank you for participating in our Essential Caregiver Training Program. Once you have reviewed the accompanying *Infection Control Basics Webinar* and completed this questionnaire, we request that you complete and submit the fillable form online or print a copy and provide it to the facility in order to receive your Essential Caregiver Training Certificate of Completion.

1. Guidelines for the effective use of hand sanitizer recommend applying a palmful of alcohol rinse or gel and rubbing hands together:

- Until the alcohol dries
- For two minutes
- None of the above
- Do not rub hands together—hands should remain wet.

2. How many times can disposable gloves be worn before being discarded?

- Two times
- Three times
- Multiple times if they are washed between uses
- One time

3. The nursing assistant/caregiver should use a mask when entering the room of a resident who has been placed on what type of precautions?

- Contact precautions
- Droplet precautions
- MRSA precautions
- Standard precautions

4. Which of the following is the correct way to remove a gown?

- Unfasten gown at neck and waist and roll the dirty side in while holding gown away from the body
- Unfasten a gown at neck and waist and pull the gown over the head
- Unfasten gown at neck and waist and drop it to the floor
- Unfasten gown at neck and waist and pull the gown from the outside of the chest area until it comes off

5. What is the correct action to take when washing your hands?

- Apply soap before wetting your hands
- Keep hands elevated above your waist
- Apply friction for 5 seconds
- Use a clean, dry paper towel to turn off the water

6. In order for gloves to provide adequate protection, the nursing assistant/caregiver must remember to do which of the following?

- A small tear will keep out germs
- Wash your hands before and after glove use
- Always wear latex gloves because they are less costly
- Wash your hands after taking off gloves only

7. Which of the following is true of Transmission-Based Precautions?

- They are practiced in addition to Standard Precautions
- Nursing assistants do not need to practice Standard Precautions if they are practicing Transmission-Based Precautions
- They are the same as Standard Precautions
- They are no longer used

8. Standard Precautions should be practiced...

- On every single person in the nursing assistant's care
- Only on people who request that the nursing assistant follow them
- Only on residents whose charts indicate they are infectious
- Only on people who look like they have a blood borne disease

9. Washing your hands appropriately is important to reduce the spread of infection. Which of the following is not part of the recommended procedure for handwashing?

- Use a clean paper towel to dry hands
- Use paper towel to turn off faucet
- Rub hands vigorously with soap and water for at least 20 seconds
- If hands are visibly soiled, you may use an alcohol-based hand sanitizer

10. In the event of exposure to bodily fluids, the nursing assistant/caregiver should:

- Wash exposed areas immediately and completely
- Fill out an incident report, providing all necessary information
- Wear an N95 mask
- Notify the manager

Name :

Date: